Name of Training/Workshop	Workshop Description		Contact Person	Contact Information
VA SAVE	A brief course that will help you act with care and compassion if you come across a Veteran who is in crisis or having thoughts of suicide.		Ashley Smith	ashley.smith14@va.gov
Firearm Safety for Suicide Prevention	Learn about the connection between firearms and suicide risk as well as the basics about firearms and firearm storage. Develop skills to communicate with loved ones about increasing safe firearm storage.		Ashley Smith	ashley.smith14@va.gov
Talk Saves Lives	Talk Saves Lives TM | AFSP		Becky Kieffer	rkieffer@sjfc.edu
Talk Saves Lives	Talk Saves Lives TM | AFSP		Bonnie Webster	bwebster@afsp.org
Link to Hope	This is a new training by SPCNY		Valerie Way	vway@mharochester.org
Mental Health First Aid	mentalhealthfirstaid.org		Katie DiSalvo	kdisalvo@delphirise.org
Mental Health First Aid	mentalhealthfirstaid.org		Elizabeth Kingsley Curran	ekingsleycurran@mharochester.org
Youth Mental Health First Aid	mentalhealthfirstaid.org		Katie DiSalvo	kdisalvo@DelphiRise.org
Youth Mental Health First Aid	mentalhealthfirstaid.org		Elizabeth Kingsley Curran	ekingsleycurran@mharochester.org
Teen Mental Health First Aid	mentalhealthfirstaid.org		Katie DiSalvo	kdisalvo@DelphiRise.org
Tending the Roots-Trauma and Resilience	https://www.traumainformedny.org/tending-the-roots/		Katie DiSalvo	kdisalvo@DelphiRise.org
Tending the Roots-Trauma and Resilience	https://www.traumainformedny.org/tending-the-roots/		Elizabeth Kingsley Curran	ekingsleycurran@mharochester.org
Tending the Roots-Trauma and Resilience	https://www.traumainformedny.org/tending-the-roots/		Becky Kieffer	rkieffer@sjfc.edu
Poison as a Means for Suicide and Self-harm A	Poison Center relevance to suicide prevention; means restriction, poison prevention		Mary Beth Dreyer	dreyerm@upstate.edu
Psychological First Aid	Psychological First Aid Education (ny.gov)		Elizabeth Kingsley Curran	ekingsleycurran@mharochester.org
Psychological First Aid	Psychological First Aid Education (ny.gov)		Becky Kieffer	rkieffer@sjfc.edu